



Chartered  
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**13.00–13.50**

## **Editing in the era of digital nomadism and COVID-19: Challenges and opportunities**

**Marieke Krijnen**

Daily professional and personal life as a digital nomad editor.

A digital nomad is someone without a dedicated home office, who often spends time away from their home base and who regularly changes their country/city of residence.

While having the freedom to work from anywhere is an enormous privilege, it also brings its own challenges in terms of potential mental and physical health problems. These include loneliness, isolation, burnout, back or neck problems from staring at a laptop screen all day, and a lack of exercise (since committing to classes is impossible).

The era of COVID-19 has, on the one hand, offered new opportunities to digital nomads but, on the other, has presented them with new challenges. In this personal talk, I share practical ways in which I have dealt with new and existing problems related to being a digital nomad. I talk about finding digital support, using ergonomic tools and apps, preserving physical fitness, and developing a routine that works when one's location changes frequently.

Marieke Krijnen is an academic copyeditor who has lived in several countries across three continents. She left academia in 2017 to start her own editing business and has since completed a number of editing training courses. She also joined SENSE (the Dutch society for English-language professionals for whom she currently coordinates social media), and the CIEP. She has edited hundreds of dissertations, monographs and journal articles and is loving the freedom of running her own business while belonging to the warm and welcoming editing community. She currently lives between Amsterdam and Brussels and will soon be moving to Krakow, Poland. She has a strong academic background in urban studies, geography and the political economy of the Middle East.

